

**Horizon athletes attended the Indoor Athletics Championships in Windsor on 28 February and all ten won medals.**

**Well done to everyone involved in the day.**



*Back: Nick Simpson, Suzanna Pope, James Barnes, Hayley May, Dan Greene  
Front: Eleanor Drewry, George Home, Freddie Home, Chris Slaughter, Anna Tencor*

## Coaches' Corner

### **Tennis coach Hilary Evans talks about the Thursday sessions:**

Every Thursday afternoon around ten players arrive at the Indoor Tennis Centre in Cressex for the weekly tennis group. Some have been with us for some time and others are new to Horizon and tennis.

Ann Herbert and I are assisted by our wonderful volunteer students who work with the players. We use two of the four courts and, with several mini tennis nets assembled; we are able to provide each player with their own tennis space. The centre has good access and we are able to accommodate wheelchairs.

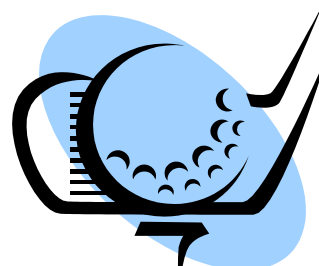
We use junior racquets and a variety of different balls to enable every player to achieve. We have been very pleased to receive a grant of £300 from Buckinghamshire Lawn Tennis Association this year and have been able to purchase new equipment including new racquets.

Players are working on racquet and ball skills and the basic techniques of the strokes. David Willis, George Daniel, Katie Stokes, David Sheppard, James White, Usman Shehzad, Lukas Berghouse and Matthew Logue are able to rally over the net and are learning to serve. Nafeesa Jabbar and Jamie McFarlane are making excellent progress with their forehands, backhands and volleys. This term we have encouraged the older players to learn to score and take an interest in the main tennis events around the world.

I have been particularly pleased with the effort and determination shown by the children this term, so well done to you all. A huge thank you also to our student helpers without whom we would not be able to offer these sessions.

Horizon Youth Golf is under way and we welcome golf professional Tony Buckner and students from Bucks New Uni who are making this possible.

Twenty of our youth members, aged 14-20, will be attending a three session course on 24 April, 1 May and 8 May.



The Paralympic ban on learning disabled athletes has been lifted and this has been welcomed by Special Olympics Great Britain.

Further information can be found on the website for the UK Sports Association for People with Learning Disabilities.

### **Other club news:**

Sadly we were not successful obtaining funds from Comic Relief, but we don't give up and are now setting our sights on Sport Relief.

We currently have 74 children in the club and 8 on the waiting list.

We welcome two new assistants, Georgina Rees and Christina Pike. New students are now being recruited to start in September and we have already had a lot of enthusiastic volunteers.

A sports day for Horizon children is planned for the summer. Details to follow.

**And finally..... please, please make sure fees are paid by the date given.**

Stuck for a gift idea?

How about a token for photography classes? Or a portrait photo?

Checkout Trewimage Photography and mention Horizon.

[www.trewimage.co.uk](http://www.trewimage.co.uk)

Tel: 01494 675645



**Horizon would like to thank London & Counties for donating the printing of this newsletter.**

**Horizon President:** Dr Lady Ann Redgrave MB. BS. DO.

**Patrons:** Mark Cox MBE, Jeanette Chippington, Ross Brewer, Clare Strange, Marc Fleisher, Ian Rose, Isa Guha, Danny Crates